



West Ranch High School

Health for Living

Fall 2026

Mr. Casey Burrill

www.WestRanchHighSchool.com



WRHS is committed to challenging and motivating each student to achieve excellence and become a responsible and valuable member of society. West Ranch High School promotes integrity, distinction, and vision.

Welcome to Health for Living! I am thrilled to have you as a student in my class and am excited to share this class with you at such an exciting time! I truly believe each student is unique and should be able to utilize their unique gifts to be successful in my classroom. The following syllabus will discuss the guidelines and expectations for this course. Throughout the semester, I invite your questions and critiques, as these assist in our learning success! I welcome your feedback and will always encourage your participation in order to be successful this semester. Please contact me with any questions, comments, or concerns through via email at cburrill@hartdistrict.org

Class Website- www.wrwebheads.com

1. Course Description

Health For Living is an engaging course that focuses on the knowledge and the necessary decision-making skills for promoting overall wellness. The course is structured on the core concepts of the Health Education Content Standards for California which can be found at <https://www.cde.ca.gov/ci/he/>. Besides academic success, the primary objective is for students to obtain information that will help them make informed health-related decisions.

Course Topics

Mental, Emotional, and Social Health
Nutrition and Physical Activity
Growth, Development, and Sexual Health

Personal and Community Health
Injury Prevention and Safety
Alcohol, Tobacco, and Other Drugs

2. How class operates

- **Students must be in their seats by the time the bell rings or they will be counted tardy.**
- In order to minimize distraction in class, all technological devices-cell phones, headphones, etc., must be put away/put in the class phone pocket chart.
- **Headphones/earbuds may only be used when instructed by the teacher. If they are out any other time (in their ears and maybe music is not even playing), they may be sent to the AP office.**
- **Any and all non-academic items that are distractions in class will be confiscated and sent to the administration for the remainder of the day.**
- No food/drink in class. (Closed water bottles are ok)

3. Grading System

- A = 100% to 90%
- B = 89% to 80%
- C = 79% to 70%
- D = 69% to 60%
- F = Below 60%

Grades are posted every few weeks.

It is the student's responsibility to make up any missed assignments.

The student's grade will be calculated at the end of each five-week period, and a progress report or report card will be issued. All grades will be available for viewing through Infinite Campus.

*It should be noted that the accommodations and/or modifications reflected for each student on their IEP will be honored and all policies should be considered, only after allowing for each student's accommodations and/or modifications.

4. *Late-work Policy*

Students are responsible for knowing due dates for all assignments and completing work on time. If the assignment is incomplete when the due date is assigned by the teacher, the assignment is then deemed "late." **Students will only have the duration of each grading period to turn in late assignments for that period.**

5. *Attendance/Tardy Policy*

West Ranch and the William S Hart School District are committed to each student's success and timely attendance is a part of that. Please take a moment to talk to your student about the importance of being on time for class. You can review West Ranch's tardy policy on the school's website.

6. *Behavior*

The purpose of my class is to learn. If a student interferes with the learning process of others they will be dealt with accordingly. First, they will be warned and if the behavior persists then they will be asked to step outside where the student and I will discuss the behavior. After this the student will be given a chance to return to class. If the behavior occurs again, I will send the student to the Assistant Principal. Some behavior, such as fighting, defiance, or vulgar language or gestures, will meet with an immediate removal from class, a visit to the Assistant Principal's office, and possibly two days of class suspension. Academic Honesty is a school wide policy and information regarding it was disturbed in the student handbook. It is also available on the WRHS website.

Additionally, Health is a graduation required class with limited spaces, so if a student enrolled in this class cannot behave themselves consistently, it will be recommended that they transfer to another elective in order to allow space for a student who will appreciate the opportunities this class offers.

7. *Movies*

Occasionally I will be showing videos to enliven a Health related topic that we are studying as a class. The majority of videos will be educational. Should a feature film ever be shown, it will be rated either G through PG-13. By signing this orientation letter, you are giving your approval of your student seeing movies in this ratings range (No R movies will ever be shown in my class). If you do not want your student to see movies above a certain rating or to see movies at all, please contact me and I will offer an alternative.

8. *Tech Policy*

Use of technology is encouraged in my class and will be used virtually every day via my computer lab. We will use wrwebheads.com as a central location to communicate with students to post assignments and research topics. We will utilize some form of technology daily. **I expect students to be mature and focused with the technology, using it only for class activities.** If your child does not have access to technology at home, then please contact me, and any assignments that require it will be modified to support the needs of the student.

9. *West Ranch High School Academic Integrity Policy*

West Ranch High School will consistently enforce the William S. Hart Union High School District Board Policy on Academic Integrity, which is based on William S. Union High School District Regulation 5131.9 (adopted 2008) and Board Policy (adopted 2008, revised 2010). The Governing Board believes that academic honesty and personal integrity are integral to all solid achievement. Students will reach their full potential only by being honest with themselves and with others.

Policy on Plagiarism/Academic Dishonesty: Academic dishonesty will not be tolerated. West Ranch High School's honor policy regarding plagiarism and/or copying other people's work will be strictly enforced. Any

assignments copied or plagiarized will receive an automatic zero and may warrant other disciplinary and/or administrative action.

Notes to parents or guardians:

The success and learning of your child is my goal. You can maximize their success by ensuring that they are in class every day and prepared for what we are currently working on. You may monitor the progress of your child on Infinite Campus, where I will update their grades every couple of weeks.

GRADES ARE IN INFINITE CAMPUS (IC) ONLY! If you do not have access to IC, please get a login to monitor all of your students grades and attendance.

**Board Policy Manual
William S. Hart Union High School District**

The Governing Board recognizes that student use of smartphones and other mobile communication devices on campus may be beneficial to student learning and well-being, and could be harmful and disruptive of the instructional program in some circumstances. When on campus or when under the supervision of District employees, students may use smartphones and other mobile communication devices only as permitted under this policy.

Mobile communication devices are defined as cell phones, earphones/earbuds, tablets, laptops, gaming devices, smartwatches, smartglasses, or any other device that connects to the internet or a cellular network.

High School Students

Students in high school must have smartphones or other mobile communication devices turned off and put away during instructional time. Instructional time is defined as during the entire class period from bell to bell, and any other time during the school day when students are expected to be engaged in a learning activity. Students in high school may use mobile communication devices during breaks and before and after school, as long as the device is utilized in accordance with law and any applicable school rules. The District recommends that teachers utilize District provided technology devices for instruction.

However, a student shall not be prohibited from possessing or using a mobile communication device under any of the following circumstances: (Education Code 48901.5, 48901.7)

1. In the case of an emergency, or in response to a perceived threat of danger.

696648816. When a teacher or administrator grants permission to the student to possess or use a mobile communication device, subject to any reasonable limitation imposed by that teacher or administrator.

696648096. When a licensed physician or surgeon determines that the possession or use is necessary for the student's health and well-being.

696648176. When the possession or use is required by the student's individualized education program.

The Superintendent or designee may undertake measures or strategies in accordance with law, to limit student access to smartphones and other mobile communication devices on campus. (Education Code 48901.7)

Smartphones and other mobile communication devices shall not be used in any manner which infringes on the privacy rights of any other person, including taking photos or videos of individuals without their knowledge or consent.

Cyberbullying of any kind, including the creation or transmission of harassing communications, direct threats, or other harmful texts, sounds, or images on the internet, social media, or mobile devices will not be tolerated (Board Policy 5131.2).

When a student uses a mobile communication device in an unauthorized manner while at a school site or under the supervision and control of a District employee, the student may be disciplined and the District employee may temporarily

confiscate the device. The employee shall store the device securely until it is returned to the student or turned over to the principal or designee, as appropriate.

A student may also be subject to discipline, in accordance with law, Board policy, or administrative regulation, for off-campus use of a mobile communication device which poses a threat or danger to the safety of students, staff, or District property or substantially disrupts school activities.

The District will not be responsible or liable for a student's mobile communication device which is brought on campus or to a school activity and is lost, stolen, or damaged.

The Board shall review and, as necessary, update this policy at least once every five years. Any such review or update shall include stakeholder participation to ensure that the policy is responsive to the unique needs and desires of the school community.

Your signature below confirms that you have read, understood, and agree with the information and procedures presented in this course information letter. Should you have any questions or concerns please do not hesitate to email me (jpriske@hartdistrict.org).

Student name (Please Print): _____ Class Period: _____

Student signature _____ Date _____

Parent/Guardian name (Please Print): _____

Parent/Guardian signature _____ Date _____

Phone Number _____

Email Address _____

CELL PHONE POLICY **ABOVE**

Read and sign that you understand the following

PARENT/GUARDIAN SIGNATURE for cell phone policy:

Signature: _____ Date: _____